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Amazing Grains!

Oats and Barley, pp. 2, 4-17

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Solving Problems for the Growing World

- 4 Fighting *Fusarium* Through Molecular Genetics
- 7 Like Malt? You'll Love This Malting Barley Research!
- 8 International Wheat and Barley Screening Collaboration Helps Uncover Stem Rust-Resistant Material
- 10 Oats: Cooling Inflammation and Unhealthy Cell Proliferation
- 11 Barley Examined as Source for Potential Fish Feed
- 12 Markers Point the Way to New Oat Traits
- 13 Finding Crown Rust Resistance That Can Go the Distance, in Oats
- 14 Boosting Barley for Bioenergy
- 15 Uncovering the Nutritional Value of Oats
- 16 All-Oat, All-Barley Breads Ahead? Maybe!

Oats, Barley, and Wheat: Great Reads and Web Viewing
- 17 ARS Research Program in Oats and Barley
- 18 A Range of Plants for Rangeland Rehab
- 20 Fungal Fumes Clear Out Crop Pests
- 22 Chicken House Attics Can Be Tapped To Warm Broilers

Balancing Water Content and Temperature To Manage Antibiotic Breakdown in Manure
- 23 Science Update

Cover: ARS scientists are helping farmers, food producers, and consumers reap production and nutritional benefits through oat and barley research. Some of the many foods we derive from oats and barley are breads, health bars, pearled barley, barley and oat flakes, hot and cold cereals, and oat and barley flour. Photo by Peggy Greb. (D1662-2)

IN THE NEXT ISSUE

CHILDHOOD OBESITY—Take a look at an old school yearbook, maybe yours or your parent's. Then look at one from the past few years. You will likely see more overweight kids in the recent one. The next issue of the magazine looks at some of ARS's research on possible reasons for this and what we can all do to help prevent it.